



CAMP JAMISON

OFFICIAL PACKING LIST

Mark all items brought to camp with the name of your camper. If you are looking for name labels, I suggest **Mabel's Labels** (https://mabelslabels.com/en_US/fundraising/support) They even have a fundraiser going on for us! Please bring only the essentials, as we will have a tight fit on the bus! Please pack your bag with your child so they know what they have and label everything!

Packing together really helps! Camp is **not** responsible for lost items.

CLOTHING

(Athletic wear and remember clothes that can get dirty!)

- 7 T-Shirts
- 2 Sweatshirt / Light Jacket
- 5 Pairs of Shorts
- 3 Pairs of Long Pants
- 7 - 8 Pairs of Underwear
- 8 - 10 Pairs of Socks
- 4 - 5 Pairs of Pajamas
- Rain Jacket or Poncho
- 2 - 3 Swimsuits

TOILETRIES

- Sunscreen
- Hat for Sun Protection
- Shampoo and Conditioner
- Soap
- Deodorant
- Toothbrush and Toothpaste
- Comb or Brush
- Sanitary Supplies *(if needed)*
- Lip Protection
- Insect Repellent



FOOTWEAR

- 2 Pairs of Sturdy Sneakers or Athletic Shoes
(NO sandals, open toed shoes, or open heeled shoes)
- Water Shoes *(optional)*
- Shower Shoes, i.e.: Flip-Flops *(optional)*
- Rain Boots/Shoes that can get wet

OPTIONAL

- Sunglasses
- Bandanas
- Cards, Books, Quiet Games
- Basketball and Other Sports Balls

SUPPLIES

- Sleeping Bag
- Extra Blanket - *(for cooler nights)*
or Sheet *(for hotter nights)*
- Twin Fitted Sheet to Place Over Mattress
- Pillow - *(include Camper Name on it!)*
- Wash Cloths
- 2 Shower Towels
- 1 Pool Towel
- Flashlight with Extra Batteries
- RESUSABLE Water Bottle - **ESSENTIAL!**
- 4 - 5 Fabric Reusable Masks- **ESSENTIAL!**
- Laundry Bag - *(for dirty clothes to be taken home - mesh or cotton work best)*

PLEASE LEAVE THESE ITEMS AT HOME

- Scented Items
- Snack Foods and Drinks
- Tablets & Other Electronics
- Weapons - Toys Included





WHAT'S WITH THE NO CELL PHONES?



At **CAMP JAMISON** we strongly believe and enforce our unplugged tradition!

We believe that it has major benefits for our campers (and their parents!). While campers can bring their cell phones and we will secure them safely – your child will not have access to their phone during the week.

Nowadays, everything is easily accessible through our electronic devices. It is easy to become distracted and disengage ourselves from our surroundings and the people in our lives.

At Camp Jamison we know that it is extremely important to unplug from electronics and plug into real-life relationships and the once-in-a-lifetime opportunities that camp offers. We encourage all of our campers to live and be in the moment! Our campers are able to interact with one another during activities, in the dining hall, in their cabins, and during recreational games and activities.

Unplugging also lets everyone enjoy the outdoors and take in the beauty and nature of our camp overall.

When kids unplug at camp, it allows them to unwind. For a week they don't have to worry about the stresses of being connected or worry about what everyone else is doing. Instead, they can focus on building and improving their social skills. They are able to meet new friends while having fun!

For our parents who want to make sure their child is having fun – check out the Facebook group for pictures and updates from the Directors. We can't guarantee constant pictures of your child, but we try our best to make sure every child is seen enjoying Camp Jamison.

For more information on camp, please visit:
www.campjamison.org